

Notting Hill Editions

2026- 2027
Rights Guide





Notting Hill Editions is an independent British publisher. The company was founded by Tom Kremer (1930-2017), champion of innovation and the man responsible for popularising the Rubik's Cube.

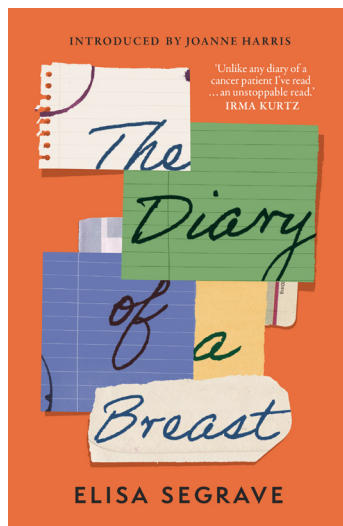
After a successful business career in toy invention Tom decided, at the age of eighty, to fulfil his passion for literature. In a fast-moving digital world Tom's aim was to revive the art of the essay, and to create exceptionally beautiful books that would be lingered over and cherished.

Hailed as 'the shape of things to come', the family-run press brings to print the most surprising thinkers of past and present. In an era of information-overload, these collectible pocket-size books distil ideas that linger in the mind.

www.nottinghilleditions.com

THE DIARY OF A BREAST

Elisa Segrave



A classic and very funny memoir about a woman's battle with breast cancer, first published 1995, with a new introduction by Joanne Harris

'A nurse brought round a form and invited me to fill it in. I wrote: I live alone with two young children. I am about to get divorced. My son is at a school for children with difficulties. I think my mother is an alcoholic. I am a freelance writer and I am probably suffering from stress due to not getting any work.'

In September 1991, Elisa Segrave discovered a lump in her breast. Over the next nine months, Segrave kept a disarmingly honest diary, documenting her treatment but also wryly evoking her troublesome family, her eccentric, cosmopolitan friends and fellow long-suffering NHS patients. The result is an immensely engaging mixture of truth and hilarity, privilege and deprivation, pleasure and pain.

Elisa Segrave is an author, diarist and journalist. Her books include the novel *Ten Men* and *The Girl from Station X: My Mother's Unknown Life*.

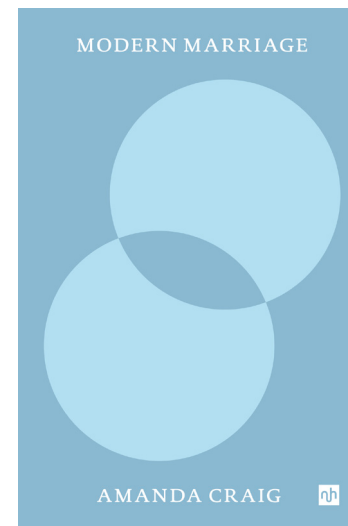
Joanne Harris (OBE, FRSL) is the author of over twenty novels, including *Chocolat* (1999), novellas, short stories, game scripts, the libretti for two short operas, several screenplays and three cookbooks.

Categories: Memoir
Publication date: February 16, 2027
Pages: 384
ISBN Paperback: 9781912559855

Rights: World exclusive in all formats and languages

MODERN MARRIAGE

Amanda Craig



A new essay from one of Britain's most celebrated state-of-the-nation novelists

Marriage has been around for over 4,300 years and while it remains a union that establishes the rights and obligations of two people, it has – for the most part – changed out of all recognition. In this discerning essay, novelist Amanda Craig asks what it means to be married in the twenty-first century. How has female economic independence, gay marriage, divorce, increasing longevity and equality changed the institution? Why do people still want it? Is it outdated, as many claim, or still the key to happiness? And can it be disentangled from the patriarchal model, or is the latter integral?

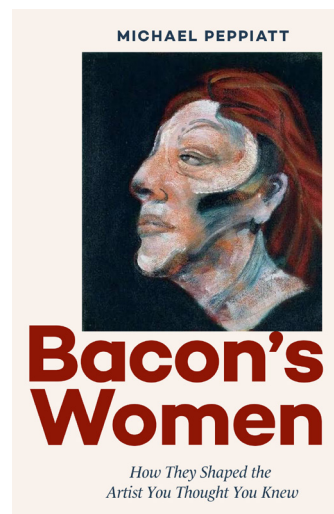
Amanda Craig is a British novelist, short-story writer and critic, the author of nine books, including the novels *The Golden Rule*, which was longlisted for the 2020 Women's Prize, as was *Hearts And Minds* (2009), and *The Lie of the Land*, which was a Radio 4 Book At Bedtime, a YOU Magazine Book Club choice and was picked by six national newspapers as a Book of the Year in 2018. Her latest novel, *The Three Graces*, is currently being developed for TV by Momentum Pictures.

Categories: Memoir / Psychology
Publication date: April 13, 2027
Pages: 120
ISBN Paperback: 9781912559794

Rights: World exclusive in all formats and languages

BACON'S WOMEN: How They Shaped the Artist You Thought You Knew

Michael Peppiatt



Francis Bacon is still widely seen as the great painter of masculine anguish: the bars and the brutality, the writhing male bodies and the screaming popes. In *Francis Bacon's Women*, Michael Peppiatt overturns decades of critical habit to reveal how Bacon's relationships with women informed not only his private life, but also his working methods and his sense of self. Drawing on thirty years of friendship with Bacon, as well as newly published letters and interviews, Peppiatt introduces us to his irrepressible grandmother and wildly eccentric nanny; the discerning collectors and gallerists who enabled his early survival; the muses and society hostesses who challenged him intellectually and emotionally; and the confidantes who lived through his excesses and vulnerabilities when male friends fell away.

Michael Peppiatt is the author of many books about Francis Bacon, including the definitive account of his life and work, *Francis Bacon: Anatomy of an Enigma*, which was chosen as a 'Book of the Year' by the *New York Times* and was translated into several languages.



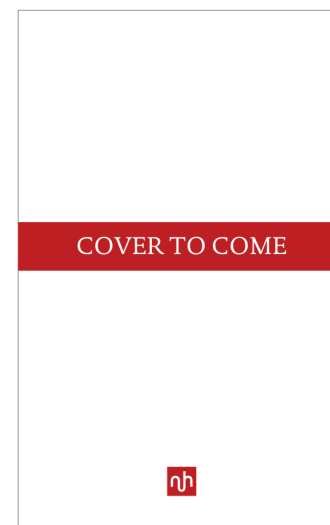
Categories: Biography / Art
Publication date: May 18, 2027
Pages: 320
ISBN Paperback: 9781912559930

Rights: World exclusive in all formats and languages

CONFESSIONS OF A HERETIC - Revised Edition

Roger Scruton

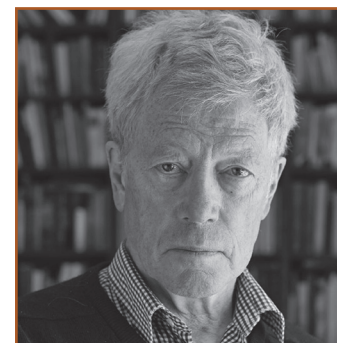
Introduced by Douglas Murray



A collection of provocative essays by the philosopher and political thinker Roger Scruton. Each 'confession' reveals aspects of the author's thinking that his critics would have advised him to keep to himself. Scruton challenges popular opinion on key issues: what can we do to protect Western values against Islamic extremism? Why is the Nation State worth preserving? How should we achieve a timely death against the advances of modern medicine?

With a new introduction by bestselling author and commentator Douglas Murray, this selection offers guidance to a new generation of readers.

Roger Scruton (1944–2020) was a philosopher, polemicist, and author of over 40 books, many of which have been translated. He was a Fellow of the Royal Society of Literature and in 2016 he was knighted for services to 'philosophy, teaching and public education'.

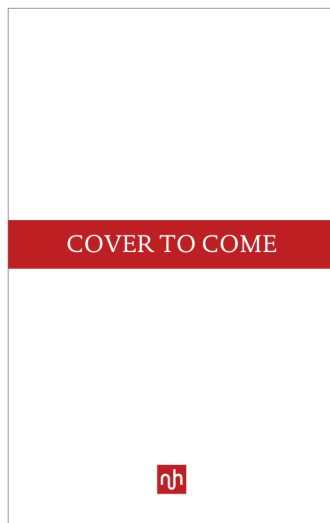


Categories: Politics / Philosophy / Culture
Publication date: June 29, 2027
Pages: 208
ISBN Paperback: 9781912559954

Rights: World exclusive in all formats and languages
Rights Sold: Czech, Spanish, Romanian

STILL WITH US

Wendy Zähringer-Hardy



A paediatric oncology ward is not where most people expect to find beauty, but art therapist Wendy Zähringer-Hardy spent nearly two decades finding it there. A collection of lyrical micro-essays, *Still With Us* is precise, tender and unexpectedly funny account of what it means to witness (and stay present) in the most difficult of places, and what can be found there when you do. Written in the Zuihitsu tradition of fragmentary prose, these pieces move between the children, the families, the staff and the unique atmosphere of a place where ordinary life and its opposite exist side by side. A book that is not about death, *Still With Us* will change how we think about cancer wards.

Wendy Zähringer-Hardy is a British artist, writer and arts psychotherapist based in Germany. She has worked in paediatric and adult oncology for almost two decades and in recent years has concentrated on private practice work.



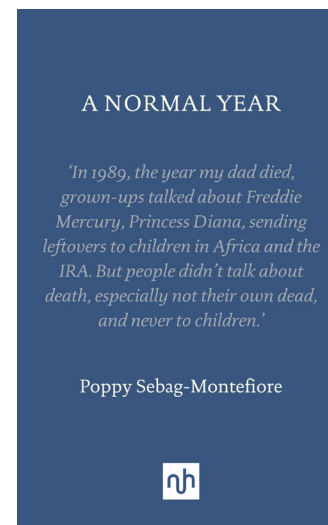
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Categories: *Psychology / Medicine*
 Publication date: June 29, 2027
 Pages: 160
 ISBN Paperback: 9781912559992

Rights: World exclusive in all
 formats and languages

A NORMAL YEAR

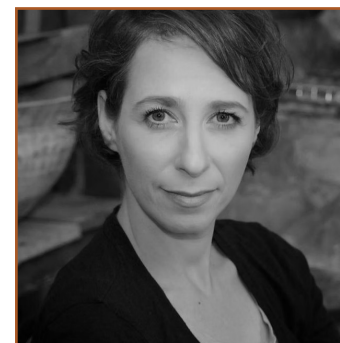
Poppy Sebag-Montefiore



When Poppy Sebag-Montefiore's was nine, her father died. It was an event that occurred outside the natural order of things and there seemed to be no way to talk about it with children. A few decades later, her mother began to decline, slowly and via the kind of illnesses we assume our elderly parents will eventually succumb to: an event that occurred within the natural order of things. But as her mother's health deteriorated, new feelings about the death of her father began to emerge: who had this man been and why did a silence fall around even the idea of him after his death?

A Normal Year is a book about living with our declining, dying and dead parents. What does it mean to lose our parents? And why it's so little talked about? In a world that's foregone religion and often derives wisdom from story, how do we treat life ending when it may offer no catharsis? And what does being an ABC child really mean?

Poppy Sebag-Montefiore is a writer and journalist. Her *Granta* essay 'Touch' won a Pushcart Prize and her *Guardian* long read about how two BBC journalists risked their jobs to reveal the truth about Jimmy Savile was shortlisted for the Orwell Prize for Journalism. She is currently the China Affairs Correspondence for the *Observer*.

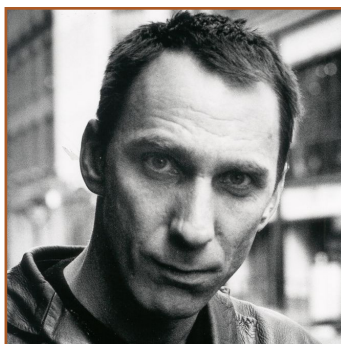
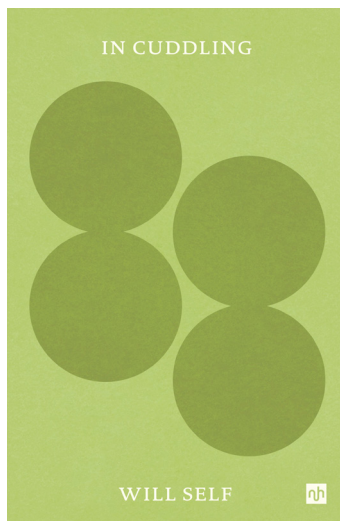


Categories: *Memoir / Popular Psychology / Culture*
 Publication date: September 28, 2027
 Pages: 240
 ISBN Hardback: 9781912559985

Rights: World exclusive in all formats
 and languages

IN CUDDLING

Will Self



A radical meditation on love, dependency, care and finitude, *In Cuddling* is among Will Self's most personal and ambitious works.

What if the most important human activity has been hiding in plain sight? Drawing on autobiography, philosophy, psychoanalysis, literature, religion and his own experience of serious illness, Will Self advances a startling proposition: that cuddling is not merely a form of affection, comfort or attachment, but a fundamental mode of human communication. More primal than speech, more enduring than desire, cuddling constitutes a private language through which intimacy becomes possible and love finds its fullest expression. Moving effortlessly between Hegel and Winnicott, Freud and Wittgenstein, Temple Grandin and Tolstoy, Self develops an original theory of human affection, intimacy and bonding. Along the way he reflects on childhood, parenthood, sexuality, illness, mortality, dogs, dancing, addiction, family life and the strange predicament of being embodied creatures who long both for independence and for connection.

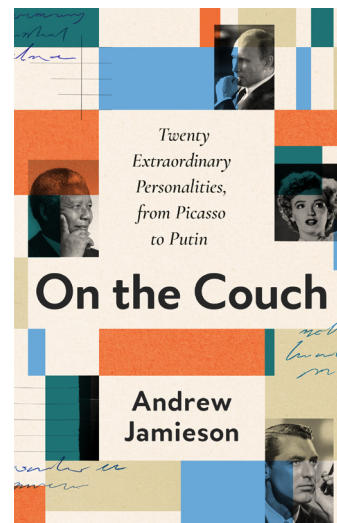
Will Self is the author of nine novels, six collections of short stories, three novellas and six non-fiction works; he is a prolific journalist and a frequent broadcaster. He has won many awards for his work and his fiction has been translated into over twenty languages.

Categories: *Memoir / Popular Psychology / Culture*
 Publication date: *October 26, 2027*
 Pages: 192
 ISBN Paperback: 9781912559916

Rights: *World exclusive in all formats and languages*

ON THE COUCH: Twenty Extraordinary Personalities, from Picasso to Putin

Andrew Jamieson



In this groundbreaking new book, psychoanalyst Andrew Jamieson considers ten key principles that stand as central pillars within psychoanalysis and illuminates them through psychobiographies of twenty extraordinary people.

From Pablo Picasso's chaotic life, which illustrates Freud's concept of the unconscious, to Nelson Mandela's inspired achievements, which exemplify Jung's idea of Individuation; from John Bowlby's attachment theory as seen through the lives of Virginia Woolf and Franz Kafka to Melanie Klein's views on the close relationship between love and hate as these ideas are revealed through Cary Grant, Jamieson removes psychoanalysis from its theoretical framework and explores these great lives in new ways.

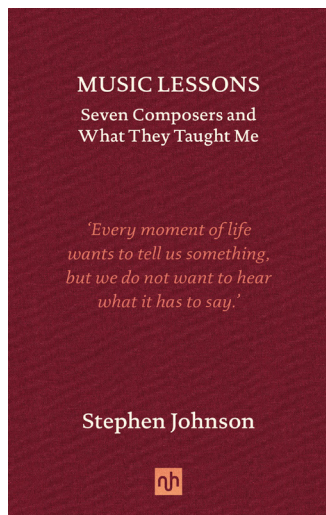
Andrew Jamieson lectures and writes articles on subjects including psychotherapy's interconnection with philosophy, music and literature. His most recent book is *Midlife: Humanity's Secret Weapon*. Parallel to his psychotherapeutic career, he has promoted orchestral concerts throughout the UK for over forty years.

Categories: *Popular psychology / Biography*
 Publication date: *February 3, 2026*
 Pages: 388

ISBN Paperback: 9781912559817
 Rights: *World exclusive in all formats and languages*
 Rights sold: *French, Azerbaijani, Turkish, Bulgarian*

MUSIC LESSONS: Seven Composers and What They Taught Me

Stephen Johnson



For Stephen Johnson, there have been key points in his life when music that is considered 'dark' has confronted him with life-changing insights. Some of these insights have been hard to accept, but once accepted, all have opened up new possibilities of thinking, feeling and living. Through an exploration of seven pieces, including Anton Bruckner's 'Symphony No 8', Lili Boulanger's *Du fond de l'abîme* (Psalm 130), Jean Sibelius's 'Symphony No 5' and David Bowie's 'I Can't Give Everything Away', Johnson explores the lives and the intentions of the composers who created them, and how they have affected him personally.

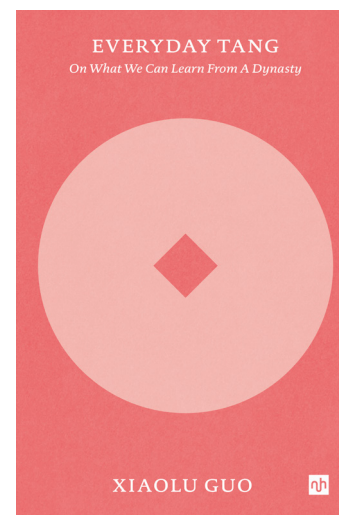
Stephen Johnson is the author of *How Shostakovich Changed My Mind*, also published by Notting Hill Editions, and *The Eighth: Mahler and the World in 1910*, and is the editor of *The Wrong Turning: Encounters with Ghosts*. He has taken part in hundreds of radio programmes and documentaries, and has appeared on numerous TV programmes, including *The South Bank Show* and *The One Show*.

Categories: Music / Psychology /
Memoirs
Publication date: June 16, 2026
Pages: 208

ISBN Hardback: 9781912559879
Rights: World exclusive in all
formats and languages

EVERYDAY TANG: On What We Can Learn From a Dynasty

Xiaolu Guo



Part travelogue, part historical reflection, *Everyday Tang* is a profound, and often startling, meditation on one period in Chinese history: the magnificent and cosmopolitan Tang Dynasty (618–907).

In the summer of 2024, Xiaolu Guo travelled from England to China with her eleven-year-old in search of what remains of the ancient past. As they wander through the great cities of Xi'an and Luoyang, and cross rivers such as the Wei and the Yangzi, Xiaolu ponders the achievements of the Tang in science, arts, trade, spirituality, sexuality and women's freedom which sheds new light on our understanding of the Tang Dynasty.

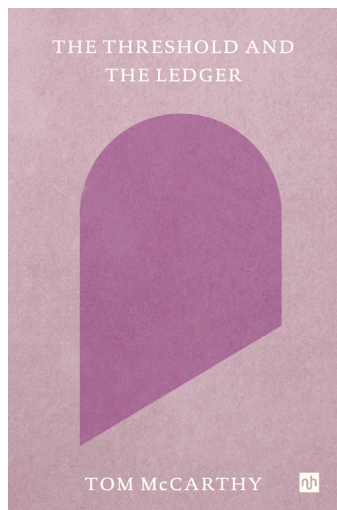
Xiaolu Guo is a novelist, memoirist and cineaste. Her novels include *A Concise Chinese-English Dictionary for Lovers*, *I Am China* and *A Lover's Discourse*, which was shortlisted for the Goldsmiths Prize 2020. Named as one of Granta's Best of Young British Novelists in 2013, she has also directed a dozen award winning films, including *How Is Your Fish Today* (Sundance Official Selection).

Categories: Memoir / Travel / History
of ideas
Publication date: September 15, 2026
Pages: 144

ISBN Paperback: 9781912559756
Rights: World exclusive in all
formats and languages

THE THRESHOLD AND THE LEDGER

Tom McCarthy



© Nicole Stasser

Ingeborg Bachmann (1926–1973) may have spent her career in the shadow of her lover Paul Celan; but since her untimely death her star has outshone even his. In recent years more and more Anglophone writers and readers have been switching on to her importance.

Published just before the centenary year of one of the German-speaking world's most extraordinary post-war writers, Tom McCarthy's short book unpacks a single poem by Bachmann. Latching onto two of its central terms – the eponymous threshold and ledger – McCarthy takes off on a line of flight that carries the reader through the work of Franz Kafka, David Lynch, Anne Carson, Sappho and Shakespeare.

Tom McCarthy is a novelist whose work has been translated into more than twenty languages and adapted for cinema, theatre and radio. He won the inaugural Windham-Campbell Prize for Fiction, and two of his novels were Booker Prize finalists. He has held Visiting Professorships at the Royal College of Art London, Columbia University New York and Städelschule Frankfurt. He lives in Berlin.

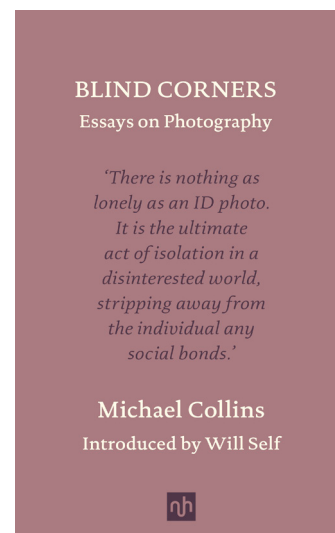
Categories: *Literary essay*
Publication date: September 2, 2025
Pages: 86
ISBN Paperback: 9781912559671

Rights: *World exclusive in all formats and languages*
Rights sold: Spanish, German

BLIND CORNERS: Essays on Photography

Michael Collins

Introduced by Will Self



For many years, photographer Michael Collins had wondered what exactly it was that he found so mysterious about photography. In this series of linked pieces, Collins offers a reappraisal of humble – and often ubiquitous – photographic genres that he believes are worthy of greater understanding. From restoring abandoned photos, whose subjects are lost to time, to a quotidian history of the studio portrait; from tracing the origins of the panorama within the wider field of the history of art to an experiment in photographic portraiture using gorillas, Collins reveals what it is about photography that continues to fascinate us.

Michael Collins was the first contemporary art photographer to be exhibited at The British Museum. The recipient of numerous Arts Council England grants, his work is in many British and overseas collections including the V&A, The British Library, and other private collections. His most recent book of photography is *The Nuclear Sublime*.

Will Self is a writer, he lives in London.

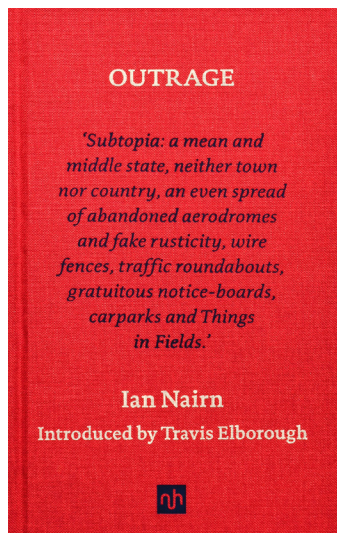
Categories: *Photography / Essays*
Publication date: May 20, 2025
Pages: 192
ISBN Hardback: 9781912559657

Rights: *World exclusive in all formats and languages*

OUTRAGE

Ian Nairn

Introduced by Travis Elborough



In 1955, Britain's most prestigious architectural magazine, *The Architectural Review*, published a special issue featuring a single essay by Ian Nairn, a famously opinionated (and untrained) architectural critic. Based on observations made on a journey Nairn took across the UK in a Morris Minor, *Outrage* is a searing critique of urban sprawl, or 'Subtopia'. In this manifesto, Nairn warns that 'if what is called development is allowed to multiply at the present rate', Britain's natural – and urban – landscapes will lose their individuality and spirit. A call-to-arms against the 'greying out' of our towns and countryside before it's too late, *Outrage* is widely considered to be Nairn's masterpiece.

Ian Nairn (1930–1983) was a British architectural critic and topographer.

Travis Elborough is the author of many books, including *Wish You Were Here: England on Sea* and *Atlas of Vanishing Places*, and winner of the Edward Stanford Travel Book Award in 2020.

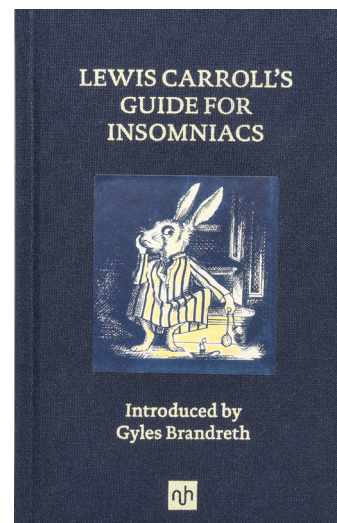
Categories: Popular architecture / Culture / Travel
Publication date: February 4, 2025
Pages: 190

ISBN Hardback: 9781912559633
Rights: World exclusive in all formats and languages

LEWIS CARROLL'S GUIDE FOR INSOMNIACS

Lewis Carroll

Introduced by Gyles Brandreth



'The dilemma my friends suppose me to be in,' writes the author of *Alice's Adventures in Wonderland*, 'has, for its two horns, the endurance of a sleepless night, and the adoption of some recipe for inducing sleep.' In this delightful book – the perfect gift for all insomniacs – are collected a splendid variety of puzzles, rhymes, limericks and calming calculations guaranteed to keep you entertained as you search for the elusive rabbit-hole of a good night's sleep.

Lewis Carroll (1832–1898), whose real name was Charles Lutwidge Dodgson, was an English author, poet, mathematician, illustrator, photographer, inventor and insomniac. Most famous for writing *Alice's Adventures in Wonderland* (1865), he was also noted for his love of puzzles and wordplay.

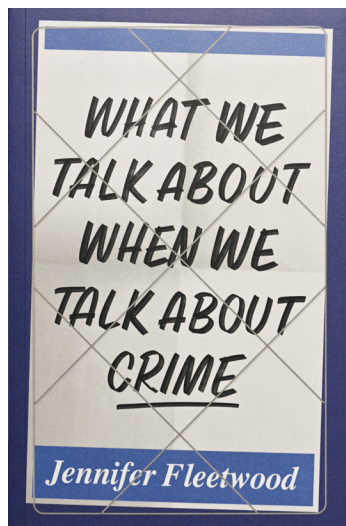
Gyles Brandreth is a writer, broadcaster, performer and former MP who has been a devotee of Lewis Carroll since the age of seven. In 2023, with descendants of the Dodgson family, he unveiled a plaque at Folly Bridge in Oxford commemorating the 1862 boat trip when the story of Alice's adventures was first told.

Categories: Literary gift / Puzzles / Games / Wordplay
Publication date: March 7, 2024
Pages: 96
ISBN Hardback: 9781912559596

Rights: World exclusive in all formats and languages in the introduction and the arrangement of the selection; non-exclusive in the selection

WHAT WE TALK ABOUT WHEN WE TALK ABOUT CRIME

Jennifer Fleetwood



Over the past few decades, there has been a remarkable rise in the number of people who speak publicly about their experience of crime: bookshops heave with autobiographies by prisoners; Netflix and YouTube host interviews with serial killers and true-crime podcasts like *Criminal* often feature episodes focusing entirely on one person's narrative.

In this fascinating new book, British criminologist Jennifer Fleetwood examines a number of well-known 'crimes' which are known to us via a public, first-person account to try to make sense of the social, political and cultural consequences that this confessional impulse has on our lives. From Prince Andrew's disastrous *Newsnight* interview to the backlash that resulted from 'ISIS bride' Shamima Begum's 2019 testimony in *The Times*, Fleetwood shows us what really happens when we tell stories about crime and who benefits from all this storytelling.

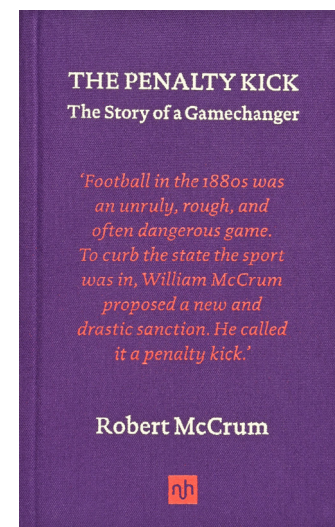
Jennifer Fleetwood is a Senior Lecturer in Criminology at the University of Goldsmiths, London.

Categories: Popular criminology / True crime / Popular sociology
Publication date: September 3, 2024
Pages: 152

ISBN Paperback: 9781912559534
Rights: World exclusive in all formats and languages

THE PENALTY KICK: The Story of a Gamechanger

Robert McCrum



Football, in the 1880s, was a rough and often dangerous game. As a result William McCrum, the heir to a linen fortune and a keen amateur goalkeeper in Co. Armagh, Northern Ireland, proposed a new and drastic sanction: a penalty kick that would admonish anyone – and their team – for foul play. At first the International Football Board resisted 'the Irishman's Motion' as a restriction that would curb the players' freedom of expression, but the Penalty Kick was adopted in 1891 to almost immediate acclaim among fans and players.

An enthralling portrait of a lost age, *The Penalty Kick* looks at the history and meaning of an extraordinary phenomenon while examining the Penalty Kick's psychological – even philosophical grip – on our imaginations, with its distillation of risk and chance into an all-or-nothing moment.

Robert McCrum is a writer and editor whose most recent book, *Shakespearean*, was published to great acclaim in 2021. He was the editor-in-chief of Faber & Faber and literary editor of the *Observer*.

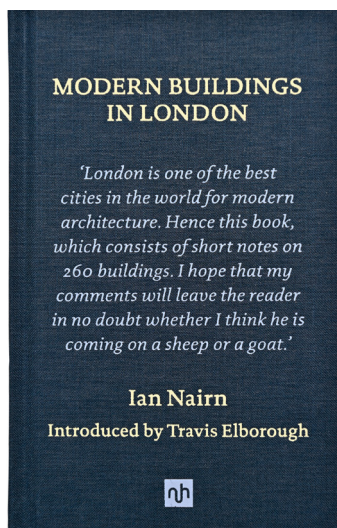
Categories: Social and cultural history / Memoir / Sport
Publication date: October 8, 2024
Pages: 208
ISBN Hardback: 9781912559572

Rights: World exclusive in all formats and languages
Rights sold: Greek, Portuguese, Spanish

MODERN BUILDINGS IN LONDON

Ian Nairn

Introduced by Travis Elborough



As one of the few architectural critics to eschew purely aesthetic modes of analysis, Ian Nairn's timeless books on modern urban cities have been hailed as some of the most significant writing about contemporary Britain, while also being praised as alternative 'guidebooks' for curious travellers. First published in 1964, *Modern Buildings in London* celebrates the character of buildings that were immediately recognisable as 'modern' in 1964, many of which were not the part of the well-known landscape of London but instead were gems that Nairn stumbled across.

Ian Nairn (1930–1983) was a British architectural critic and topographer who coined the term 'subtopia' for the areas around cities that had in his view been failed by urban planning, losing their individuality and spirit of place.

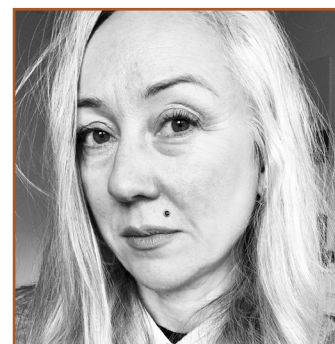
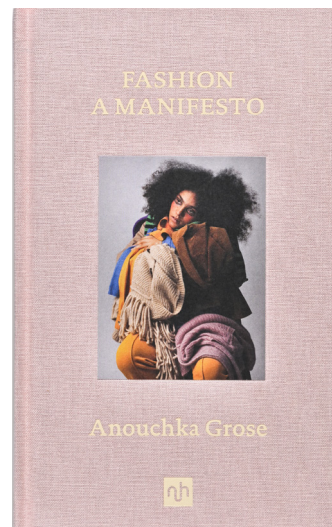
Travis Elborough is the author of many books, including *Wish You Were Here: England on Sea* and *Atlas of Vanishing Places*, winner of Edward Stanford Travel Book Award in 2020.

Categories: Popular architecture / Culture / Travel
Publication date: September 5, 2023
Pages: 288

ISBN Hardback: 9781912559510
Rights: World exclusive in all formats and languages

FASHION: A Manifesto

Anouchka Grose



Fashion: A Manifesto takes a look at the psychology of fashion in order to unpick the hold it has on so many of us. On the one hand clothes can help you out with embodied life by concealing the bits you feel ashamed of and accentuating the bits you're proud of. But like gambling, fashion keeps us captivated by treating us badly, trapping us in a cycle of promises and dashed hopes by suggesting that new clothes will help us to like ourselves more. And while it's easy to dismiss fashion as elitist and wasteful, isn't it also fascinating, exciting and perhaps sometimes even radical – not to mention surprisingly egalitarian? Taking us on a journey from the court of Louis XIV to TikTok's avant apocalypse, *Fashion: A Manifesto* scrutinises fashion to open up questions about the ways in which it works both for and against us.

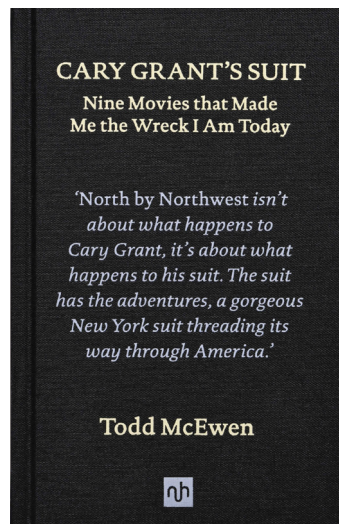
Anouchka Grose is a psychoanalyst and writer and a member of The Centre for Freudian Research, where she regularly lectures. Her non-fiction books include *No More Silly Love Songs* and *A Guide to Eco-Anxiety*. She is also extremely fashionable.

Categories: Popular psychology / Popular history / Fashion
Publication date: April 4, 2023
Pages: 168

ISBN Hardback: 9781912559497
Rights: World exclusive in all formats and languages
Rights Sold: Italian

CARY GRANT'S SUIT: Nine Movies That Made Me the Wreck I am Today

Todd McEwen



'Todd McEwen not only has a black belt in comedy, he can turn a phrase on two wheels and blow diamond dust out of the exhaust pipe.' Tom Robbins

Todd McEwen grew up in Southern California, so his head was hopelessly messed with by the movies. As the son of relatively NORMAL PEOPLE, Todd had no in with Hollywood, a mere thirteen miles away, yearn and try as he might. This is a kid who loved the movies so much, he got up at 4.30 in the morning to watch Laurel and Hardy. A kid who insisted on his birthday that his father project 8mm cartoons onto the family's dining room curtains so they could be slowly parted, just like at a real cinema. This is a kid who, years later, watched Chinatown over sixty times. A love letter to old Hollywood, this is a book for anyone interested in film.

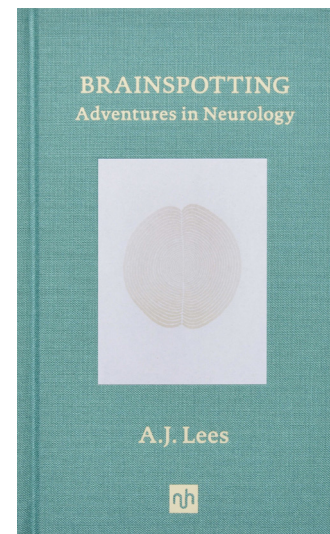
Todd McEwen's novels include *Fisher's Hornpipe*, *McX: A Romance of the Dour*, *Who Sleeps with Katz*, and *The Five Simple Machines*.

Categories: Film / Memoir / Humour
Publication date: February 28, 2023
Pages: 168

ISBN Hardback: 9781912559404
Rights: World exclusive in all formats and languages

BRAINSPOTTING: Adventures in Neurology

A. J. Lees



Brainspotting (noun): a powerful, and simultaneous, form of diagnosis and treatment.

As a trainee doctor, Andrew Lees was enthralled by neurologists who combined the precision of mathematicians, the scrupulosity of entomologists and the solemnity of undertakers in their diagnoses and treatments. Today, this kind of 'holistic neurology' is on the brink of extinction. In this brilliant new book, Andrew Lees takes us on a kind of Sherlock Holmes tour of neurology, giving the reader insight into the deep analytical tools that the best neurologists still rely on to diagnose patients: to heal minds and to fix brains.

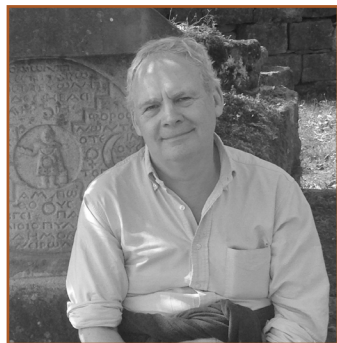
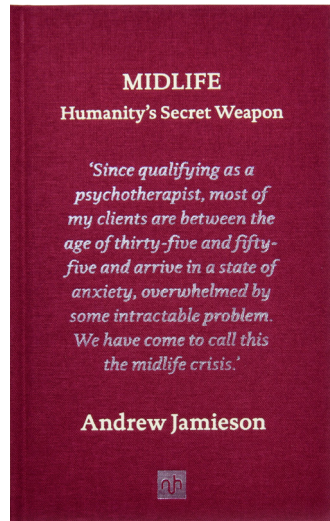
Dr Andrew Lees is a Professor of Neurology at the National Hospital, London. He is one of the three leading Parkinson's disease researchers in the world and is the author of several books, including *Ray of Hope*, *The Silent Plague*, *Mentored by a Madman* and *Brazil That Never Was*.

Categories: Popular science / Memoir
Publication date: March 22, 2022
Pages: 184

ISBN Hardback: 9781912559367
Rights: World exclusive in all formats and languages

MIDLIFE: Humanity's Secret Weapon

Andrew Jamieson



Only two species of mammal have a post-reproductive life that lasts longer than their reproductive life – the killer whale and *Homo sapiens* – and the evolutionary purpose of our extended years remains a mystery. Psychoanalyst Carl Jung, however, observed that successful cultures find an equilibrium between the energy of those in the ego-driven first half of life and the wisdom of those in the second, but to make it to that second half of life, we need to traverse the dreaded 'middle years'. Drawing on history, psychology, science and literature, Jamieson shows how ubiquitous, how crucial and how misunderstood the 'midlife crisis' is, and the devastating consequences for society at large if we continue to regard it as something we can, and should, avoid.

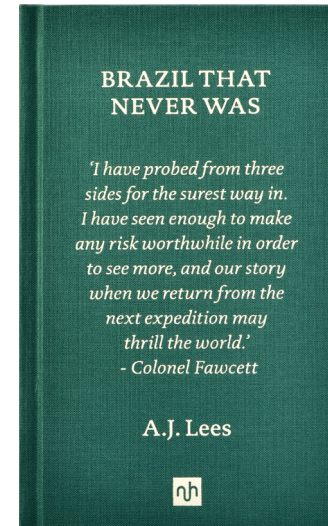
Andrew Jamieson trained at the Bath Centre for Psychotherapy and Counselling and received an MA in Humanistic and Integrative Psychotherapy at Middlesex University. He lectures and writes widely on a series of subjects, including psychotherapy's interconnection with philosophy, music and literature.

Categories: Popular psychotherapy / Popular philosophy / Popular science
Publication date: May 10, 2022
Pages: 192

ISBN Hardback: 9781912559381
Rights: World exclusive in all formats and languages

BRAZIL THAT NEVER WAS

A.J. Lees



When the eminent neurologist Andrew Lees was a boy, he came across a tattered copy of *Exploration Fawcett*. It told the true story of Colonel Fawcett, a British explorer who in 1925 had gone in search of a lost city in the Amazon, and never returned. The riveting tale of Fawcett's encounters with deadly animals and hostile tribes and the many who lost their own lives when they went in search of him, inspired the young Lees to believe that there were still earthly places where one could 'fall off the edge'.

Years later, Lees set off in search of the mysterious figure of Fawcett. What he found exceeded his wildest imaginings. Part travelogue, part memoir, Lees portrays an elusive Brazil, and a flawed explorer whose doomed mission ruined lives.

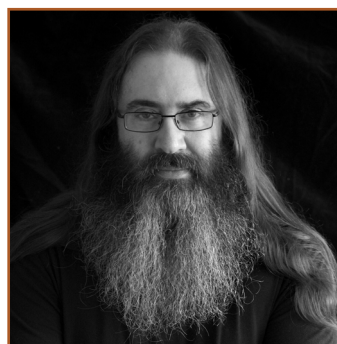
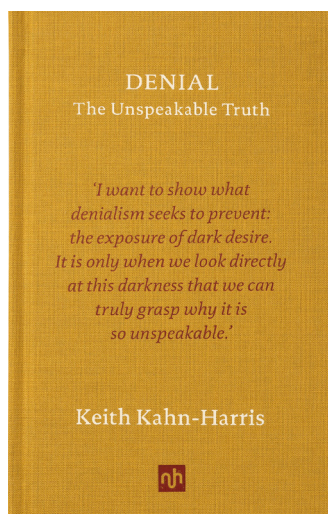
Dr Andrew Lees is the recipient of numerous awards, and is the author of several critically acclaimed books including the NHE bestselling *Mentored by a Madman: The William Burroughs Experiment*.

Categories: Travel / Memoir
Publication date: September 15, 2020
Pages: 152

ISBN Hardback: 9781912559213
Rights: World exclusive in all formats and languages

DENIAL: The Unspeakable Truth

Keith Kahn-Harris



Denialism comes in many forms, often dressed in the garb of scholarship or research. It's certainly insidious and pernicious, but what if, as Keith Kahn-Harris asks, it actually cloaks much darker, unspeakable, desires? If denialists could speak from the heart, what would we hear?

Kahn-Harris sets out not to unpick denialists' arguments, but to investigate what lies behind them. The conclusions he reaches are shocking and uncomfortable. In a world of 'fake news' and 'post-truth', are the denialists about to secure victory?

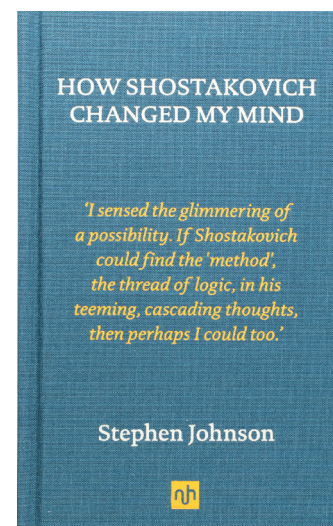
Dr Kahn-Harris has researched and published widely on heavy metal music and culture, and the British Jewish community. He also writes about politics, society and culture. A sociologist by training, Kahn-Harris lectures at Leo Baeck and Birkbeck Colleges. He runs the European Jewish Research Archive at the Institute for Jewish Policy Research.

Categories: *Sociology / Politics*
Publication date: *September 13, 2018*
Pages: 200
ISBN Hardback: 9781910749968

Rights: *World in all formats and languages*
Rights Sold: *Italian*

HOW SHOSTAKOVICH CHANGED MY MIND

Stephen Johnson



BBC music broadcaster Stephen Johnson explores the power of Shostakovich's music during Stalin's reign of terror, and writes of the extraordinary healing effect of music on sufferers of mental illness. Johnson looks at neurological, psychotherapeutic and philosophical findings, and reflects on his own experience, where he believes Shostakovich's music helped him survive the trials and assaults of bipolar disorder.

Johnson draws on interviews with the members of the orchestra who performed Shostakovich's *Leningrad Symphony* at the time of the siege of Leningrad, during which almost a third of the population starved to death. In the end, this book is a reaffirmation of a kind of humanist miracle: that hope could be reborn in a time when, to quote the writer Nadezhda Mandelstam, there was only 'Hope against Hope'.

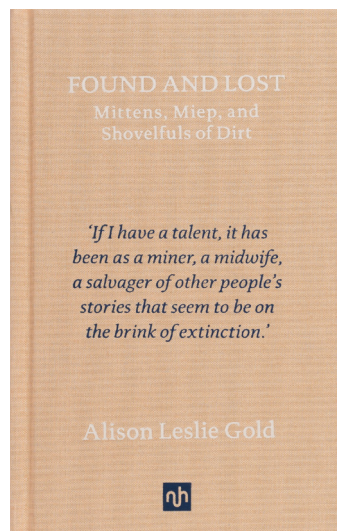
Stephen Johnson is an award-winning broadcaster, composer and writer.

Categories: *Music / History / Psychology*
Publication date: *March 26, 2020*
Pages: 172
ISBN Hardback: 9781910749456

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Rights sold: *Korean, Spanish, Turkish, Japanese*

FOUND AND LOST: Mittens, Miep, and Shovelfuls of Dirt

Alison Leslie Gold



A luminous memoir from the holocaust writer Alison Leslie Gold, told through a series of letters to the living and the dead. Starting with her childhood experience of running her primary school 'Lost and Found' depot, Gold charts the origin of her need to save objects, stories, people – including herself – whom she has sensed to be on a road to perdition. The letters tell of her early activism; her descent into alcoholism and her subsequent recovery. *Found and Lost* is both a tender memorial to the extraordinary people in her life, and a compelling tale of redemption.

Alison Leslie Gold's works include *Anne Frank Remembered*, written with Miep Gies, *Memories of Anne Frank: Reflections of a Childhood Friend*, *A Special Fate* and *Fiet's Vase and Other Stories of Survival*. Her non-fiction work has received numerous tributes including a *Best of the Best Award*, a *Notable Book for a Global Society Award* and a *Christopher Award*.

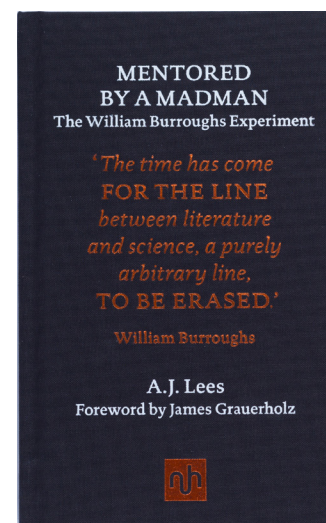


Categories: Memoir / Literary / Letters
Publication date: October 1, 2017
Pages: 220

ISBN Hardback: 9781910749593
Rights: World exclusive in all formats and languages

MENTORED BY A MADMAN: The William Burroughs Experiment

A.J. Lees



In this extraordinary memoir, neuroscientist Andrew Lees explains how William Burroughs, author of *Naked Lunch* and troubled drug addict, played an unlikely part in his medical career.

Lees draws on Burroughs' search for an addiction cure to discover a groundbreaking treatment for shaking palsy, and learns how to use the deductive reasoning of Sherlock Holmes to diagnose patients. Lees follows Burroughs into the rainforest and under the influence of yagé (ayahuasca) gains insights that encourage him to pursue new lines of pharmacological research and explore new forms of science.

Dr Andrew Lees is a Professor of Neurology at the National Hospital, London. He is the recipient of numerous awards and is one of the three most highly cited Parkinson's disease researchers in the world. Professor Lees is the author of several books.



Categories: Memoir / Psychology / Science / Biography / Autobiography
Publication date: May 26, 2016
Pages: 236
ISBN Hardback: 9781910749104

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MY KATHERINE MANSFIELD PROJECT

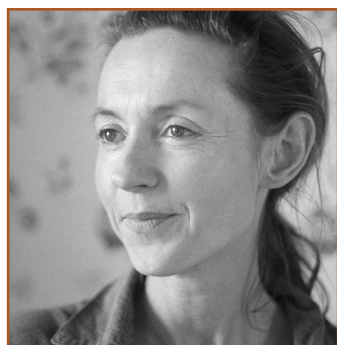
Kirsty Gunn



When Kirsty Gunn received a Randell Fellowship in 2009 she returned to spend the winter in Thornden, New Zealand, near the childhood home of Katherine Mansfield, the writer to whom she'd always felt most connected. She explores her own deep connection to a place of memories, and reflects on what it means to 'come home'.

'A beautiful and mood-provoking book...the writing went into my consciousness and I felt the loneliness, the sadness, the love and identification with Katherine Mansfield. . It was beautiful.' Jane Campion

Kirsty Gunn is the recipient of several awards and prizes including the *New York Times* Notable Book Award, and the *James Tait Black Memorial Prize*. She is Professor of Writing Practice and Study at The University of Dundee.

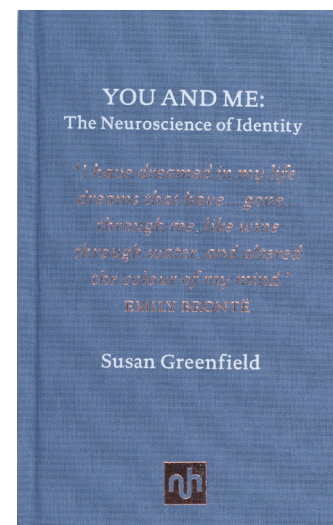


Categories: *Biography / Literature / Memoir*
Publication date: *September 28, 2015*
Pages: *148*
ISBN Hardback: *9781910749043*

Rights: *World exclusive in all formats and all languages (exc Aus & NZ)*
Rights Sold: *German*

YOU AND ME: The Neuroscience of Identity

Susan Greenfield



A fascinating look at the relationship between identity and neuroscience in the age of social media. Greenfield looks at the ways in which technology impacts our brains and sense of identity.

Baroness Susan Greenfield CBE is a British scientist, writer, broadcaster and member of the House of Lords. Specialising in the physiology of the brain, Greenfield researches the impact of 21st century technologies on the mind, how the brain generates consciousness and novel approaches to neurodegenerative diseases such as Alzheimer's and Parkinson's. Greenfield has written a range of books on issues relating to the mind and brain for the general reader.

'Asks good questions, describes intriguing facts and makes some interesting suggestions.' *Financial Times*

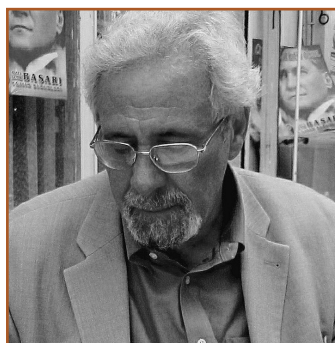
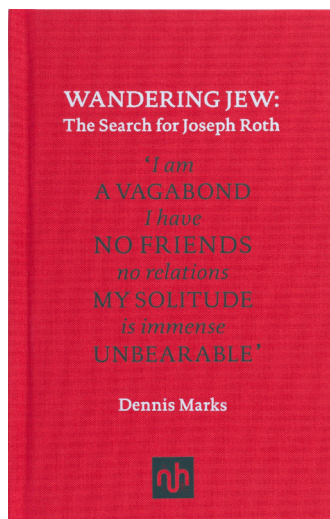


Categories: *Psychology / Science*
Publication date: *November 1, 2011*
Pages: *156*

ISBN Hardback: *97819107903342*
Rights: *World exclusive in all formats and languages*

WANDERING JEW: The Search for Joseph Roth

Dennis Marks



In this revealing 'psycho-geography', Dennis Marks makes a journey through the eastern borderlands of Europe to learn about the elusive writer Joseph Roth and the world in which he lived. The result is a riveting and involving documentary that reunites Roth with his creative landscape.

Joseph Roth, best-known as the author of the novel *The Radetsky March* and the non-fiction work, *The Wandering Jews*, was one of the most seductive, disturbing and enigmatic writers of the twentieth century. Born in 1894 in the Habsburg Empire in what is now Ukraine, and dying in Paris in 1939, he was a perpetual displaced person, a traveller, a prophet, a compulsive liar, and a man who covered his tracks. Through the Eastern borderlands of Europe, Dennis Marks explores the spiritual geography of a still neglected master and uncovers the truth about Roth's lost world.

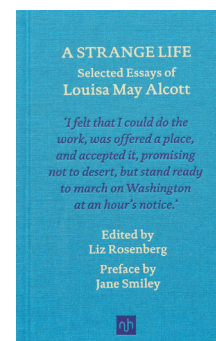
Dennis Marks was an acclaimed television producer and broadcast executive. He died in 2015.

Categories: History / Travel
Publication date: January 1, 2011
Pages: 140

ISBN Hardback: 9781907903045
Rights: World exclusive in all formats and languages

A STRANGE LIFE: Selected Essays of Louisa May Alcott

Edited by Liz Rosenberg, Introduced by Jane Smiley



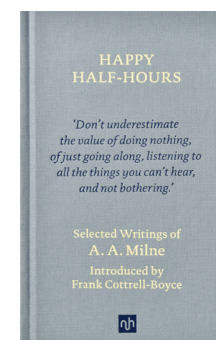
Louisa May Alcott is best known as the author of *Little Women* (1868). But she was also a noted essayist who wrote on a wide range of subjects. Alcott writes these essays with clear observation, unforgettable scenes and one of the sharpest wits in American literature. Published together for the first time, this delightful selection shows us another side to one of our most celebrated writers.

ISBN: 9781912559435 Pages: 168

Rights: World exclusive in all formats and languages in the introduction, preface and abridgements; non-exclusive in the unabridged selection

HAPPY HALF-HOURS: Selected Writings of A. A. Milne

Introduced by Frank Cottrell-Boyce



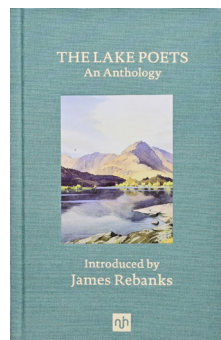
A.A. Milne had a talent for regularly turning out a thousand whimsical words on lost hats and umbrellas, tennis, dogs, dotty maids, the English obsession with rank and titles, cheap cigars, and any amount of life's other little difficulties. This selection of Milne's articles, spanning over four decades of his life from 1910 to 1952, are collected for the first time in this volume.

ISBN: 9781912559053 Pages: 180

Rights: World exclusive in all formats and languages in the introduction; non-exclusive in the selection.

THE LAKE POETS: An Anthology

Introduced by James Rebanks



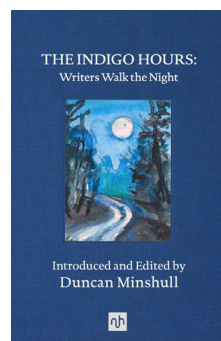
William Wordsworth, Dorothy Wordsworth, Samuel Taylor Coleridge, Robert Southey and Charles Lamb – the English ‘lake poets’ – were famously inspired by the landscape of the English Lake District in the first half of the nineteenth century. This anthology includes favourites such as ‘I Wander’d Lonely as a Cloud’ and ‘Kubla Khan,’ as well as extracts from letters and journals.

ISBN: 9781912559701 Pages: 168

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THE INDIGO HOURS: Writers Walk the Night

Introduced and Edited by Duncan Minshull



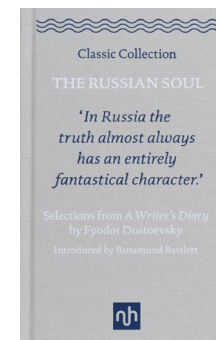
The fourth volume of Duncan Minshull’s hugely successful series of anthologies, The Indigo Hours: Writers Walk the Night celebrates the unique experience of walking at night. With contributions from Virginia Woolf, Fanny Kemble, Franz Kafka, Charles Dickens, Joanna Kavenna, Edith Wharton, Rachel Carson, W.G. Sebald, George Orwell, Kate Pullinger, Mark Twain, and many more.

ISBN: 9781912559770 Pages: 160

Rights: World English exclusive in the selection; world exclusive in all formats in the introduction.

THE RUSSIAN SOUL: Selections from A Writer’s Diary by Fyodor Dostoevsky

Introduced by Rosamund Bartlett



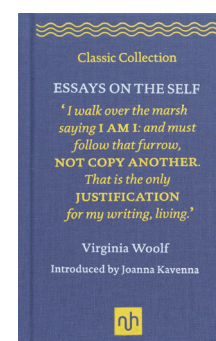
Dostoevsky’s immediate impulse for embarking on *A Writer’s Diary* in 1873 was a desire to come into closer contact with his readers. Through monthly instalments, it became a unique journalistic enterprise incorporating art and politics, intimate confession, criticism and short stories. *The Diary* is the work of a writer-activist and blogger who sought to transform Russian society and humankind itself.

ISBN: 9781910749630 Pages: 176

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ESSAYS ON THE SELF: Virginia Woolf

Introduced by Joanna Kavenna



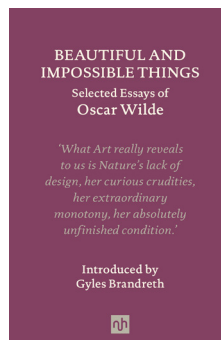
Throughout these 13 essays, Woolf celebrates the urgency of the present, which, she argues, must always take precedence over the past. Woolf discusses the rights of women, the revolutions of modernity, the future of the novel. She is eloquent on social inequality and the agony of war. She fights with demons, mocks those who mock her, and generally prevails.

ISBN: 9781907903922 Pages: 184

Rights: World exclusive in all formats and languages in the introduction; non-exclusive in the selection.
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BEAUTIFUL AND IMPOSSIBLE THINGS: Selected Essays of Oscar Wilde

Introduced by Gyles Brandreth



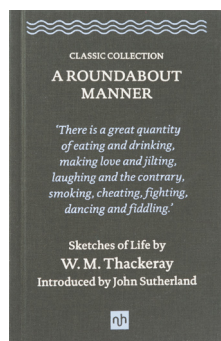
This new selection of essays by Oscar Wilde (1854-1900) demonstrates the varied aspects of his genius. Compiled from his lecture tours, newspaper articles, essays and epigrams, these writings show that beneath the trademark wit and love of paradox, Oscar Wilde was an original, skilled and remarkably modern writer.

ISBN: 9781910749067 Pages: 228

Rights: World exclusive in all formats and languages in the introduction; non-exclusive in the selection.

A ROUNDABOUT MANNER: Sketches of Life by W. M. Thackeray

Introduced by John Sutherland



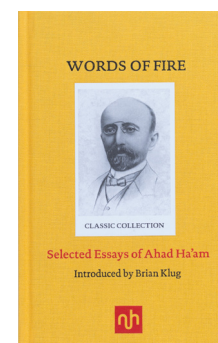
William Makepeace Thackeray has always been an author for those with discriminating literary palettes. Few would deny that he is the finest literary stylist of his time. This is the first 'sampler' which covers all of Thackeray's versatile genius: his cartoons, his journalism, his carefully restrained sentimentality, his cutting satire, his essayism and what one could grandly call the Thackerayan world view.

ISBN: 9781910749920 Pages: 144

Rights: World exclusive in all formats and languages in the introduction; non-exclusive in the selection.

WORDS OF FIRE: Selected Essays of Ahad Ha'am

Introduced by Brian Klug



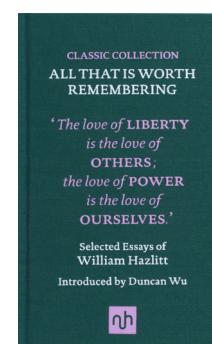
Ahad Ha'am is mainly remembered as the 'father of cultural Zionism'. But there was much more to the man and his thought. These essays show him to have been a brilliant exponent of the art of the essayist, a major literary figure and an original thinker. His ideas have a direct relevance today, both for confronting the future of Israel and Palestine and for thinking about cultural pluralism in a democratic society.

ISBN: 9781910749029 Pages: 124

Rights: World exclusive in all formats and languages in the introduction; non-exclusive in the selection.

ALL THAT IS WORTH REMEMBERING: William Hazlitt

Introduced by Duncan Wu



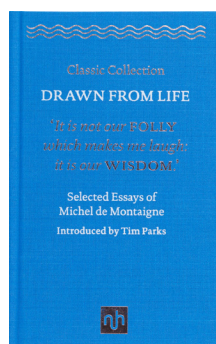
William Hazlitt was one of the greatest of essayists. He was a free-thinker, a non-conformist and a passionate advocate for anti-establishment causes at a time when to hold those views was dangerous. This collection brings together some of his most original essays: on liberty, the character of our leaders, corruption, factionalism, self-interest, and human nature.

ISBN: 9781907903946 Pages: 192

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Classic Collection

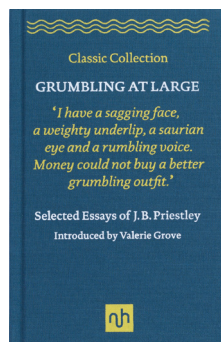
DRAWN FROM LIFE: Selected Essays of Michel de Montaigne Introduced by Tim Parks



A new selection of Montaigne's essays that explore themes of fear, courage, mortality and personal freedom. In his vivid introduction, Tim Parks sheds new light on this enduringly popular figure whose essays are 'so engaging, so seductive, that many readers will revel in their intimacy and irreverence without entirely grasping the challenge they throw down to us.'

ISBN: 9781910749234 Pages: 210
Rights: World exclusive in all formats and languages in the introduction; non-exclusive in the selection.

GRUMBLING AT LARGE: Selected essays of J.B. Priestley Introduced by Valerie Grove



A delightful and unusual selection of Priestley's essays, drawing on five decades of his writing. Witty, controversial and sometimes grumpy, Priestley's essays reveal the many faces of one of Britain's most distinguished writers.

ISBN: 9781910749180 Pages: 192
Rights: World English exclusive in the selection; world exclusive in all formats in the introduction.

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